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Chief Medical Advisor

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Dr. Stanley Schwartz has retired from a private practice in Ardmore, Pa. where he saw patients for 12 years. He had previously spent 32 years at the University of Pennsylvania, leaving as an Emeritus Clinical Associate Professor of Medicine. Dr. Schwartz received his MD in 1973 from the University of Chicago ; completed his residency at the University of Pennsylvania; and did a fellowship in endocrinology and metabolism at the University of Chicago.

Dr. Schwartz actively lectures nationally, as well as internationally, about diabetes and its treatment. He has authored numerous articles in peer-reviewed scientific journals and has been a lead or co-investigator for many clinical trials (including DCCT-EDIC, LOOK AHEAD). He has created and proposed a New Classification and Unified Pathophysiologic Construct for All Diabetes, its complications, and given that the same processes that are related to diabetes and its complications are involved in other conditions associated with diabetes (dementia, ASCVD, NASH, Psoriasis, and some cancers, he has proposed the existence/labeling of 'The Diabetes Syndrome'. Noting that increased risk for them all begin with 'prediabetes', he's proposed that the criteria for diagnosing diabetes be lowered to current criteria used to designate 'prediabetes', eliminating 'prediabetes' terminology. As a whole these concepts are 'Changing the Face of Diabetes', leading to the need to apply the principles of Precision Medicine to Diabetes care. Given an early recognition that the Diabetes Syndrome can affect all parts of the body, he's maintained a strong interest in General Medicine throughout his career.

He's been elected by his peers for inclusion in Best Doctors in America® from 1996 to 2022 and is a recipient of Marquis Who's Who I [2018/2019 Albert Nelson Marquis Lifetime Achievement Award](#). Though he had done some research and teaches a great deal, most of his time has been spent caring for patients.